

<p>Thank you to all that donated to our Coat & Food Drive!</p>	<p>See www.activewellnessworks.com for Personal Training</p>	<p>Look for ZUMBA classes coming soon!</p>	<p>New Classes... For more info. On Musical Folk for Kids please see www.musicalfolk.com</p>		<p>1 New Year's Day</p>	<p>2 Holistic Personal Training 7a-9am</p>
<p>3 Kung Fu 5:00pm-6:15pm w/ Hira</p>	<p>4 Holistic Personal Training 5:30am-9:30am And 2:00pm-6:00pm</p>	<p>5 Holistic Personal Training 2p-6pm <i>7:30pm-8:45p Belly Dance w/Artemis</i></p>	<p>6 Holistic Personal Training 5:30am-9:30am And 2:00pm-6:00pm Belly Dance w/Lydia 7:00-8:00pm</p>	<p>7 Holistic Personal Training 4p-6pm Kung Fu w/Hira 7:00p-8:15pm</p>	<p>8 Holistic Personal Training 5:30am-8:30am Musical Folk for Kids (2) classes 9:45am & 10:45am Holistic Personal Training 4p-7pm</p>	<p>9 Holistic Personal Training 7a-9am Musical Folk for Kids 10:00am</p>
<p>10 Kung Fu 5:00pm-6:15pm w/ Hira</p>	<p>11 Holistic Personal Training 5:30am-9:30am And 2:00pm-6:00pm ZUMBA w/Marissa 7:00pm-8:00pm</p>	<p>12 Holistic Personal Training 2p-6pm <i>7:30pm-8:45p Belly Dance w/Artemis</i></p>	<p>13 Holistic Personal Training 5:30am-9:30am And 2:00pm-6:00pm Belly Dance w/Lydia 7:00-8:00pm</p>	<p>14 Holistic Personal Training 4p-6pm Kung Fu w/Hira 7:00p-8:15pm</p>	<p>15 Holistic Personal Training 5:30am-8:30am Musical Folk for Kids (2) classes 9:45am & 10:45am Holistic Personal Training 4p-7pm</p>	<p>16 Holistic Personal Training 7a-9am Musical Folk for Kids 10:00am</p>
<p>17 Kung Fu 5:00pm-6:15pm w/Hira</p>	<p>18 Holistic Personal Training 5:30am-9:30am And 2:00pm-6:00pm ZUMBA w/Marissa 7:00pm-8:00pm</p>	<p>19 Holistic Personal Training 2p-6pm <i>7:30pm-8:45p Belly Dance w/Artemis</i></p>	<p>20 Holistic Personal Training 5:30am-9:30am And 2:00pm-6:00pm Belly Dance w/Lydia 7:00-8:00pm</p>	<p>21 Holistic Personal Training 4p-6pm Kung Fu w/Hira 7:00p-8:15pm</p>	<p>22 Holistic Personal Training 5:30am-8:30am Musical Folk for Kids (2) classes 9:45am & 10:45am Holistic Personal Training 4p-7pm</p>	<p>23 Holistic Personal Training 7a-9am Musical Folk for Kids 10:00am</p>
<p>24 Kung Fu 5:00pm-6:15pm w/Hira</p>	<p>25 Holistic Personal Training 5:30am-9:30am And 2:00pm-6:00pm ZUMBA w/Marissa 7:00pm-8:00pm</p>	<p>26 Holistic Personal Training 2p-6pm <i>7:30pm-8:45p Belly Dance w/Artemis</i></p>	<p>27 H.P.Training 5:30am-9:30am And 2:00pm-6:00pm Belly Dance w/Lydia 7:00-8:00pm</p>	<p>28 Holistic Personal Training 4p-6pm Kung Fu w/Hira 7:00p-8:15pm</p>	<p>29 H.P. Training 5:30am-8:30am Musical Folk for Kids (2) classes 9:45am & 10:45am H.P.Training 4p-7pm</p>	<p>30 H.P.Training 7a-9am Musical Folk for Kids 10:00am</p>